



# Martin County 4-H HEIFER Project Record Book



4-H Member Name: \_\_\_\_\_

Age as of September 1: \_\_\_\_\_  Junior (8-10)  Intermediate (11-13)  Senior (14-18)

Number of years in 4-H: \_\_\_\_\_

Member's Parent/Guardian Name: \_\_\_\_\_

Member Contact Phone Number: \_\_\_\_\_

Member Contact Email Address: \_\_\_\_\_

Ear Tag Number \_\_\_\_\_

Ethics Certificate Number \_\_\_\_\_

Check one:  Beef Heifer  Dairy Heifer

I hereby certify that as the exhibitor of this project, I have personally kept records on this project and have personally completed this record book.

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Member's Signature \_\_\_\_\_ Date \_\_\_\_\_

This youth is an active member of the \_\_\_\_\_ 4-H Club.  
 This record book has been completed by the youth and is an accurate record of the project.

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4-H Club Leader Signature \_\_\_\_\_ Date \_\_\_\_\_

**Youth Animal Project Agreement  
(to be completed at the beginning of the project)**

The youth (4-H member) is responsible for caring for the animal, which will include feeding, deworming, providing fresh, clean water, providing a pen, washing, and showing. The youth will use this project as an educational tool to learn skills needed in the livestock industry. This project will also help the youth accept success and failure as a learning experience. The youth will keep accurate records on their project animal.

I accept these responsibilities.

\_\_\_\_\_  
Member's Signature

\_\_\_\_\_  
Date

The parents/guardians are responsible for providing financial help, if needed, along with assistance and encouragement while the youth is raising this animal.

I/we accept these responsibilities.

\_\_\_\_\_  
Parents'/Guardians' Signature

\_\_\_\_\_  
Date

**Drug Statement**

I hereby certify that any drug or antibiotic substance which may be administered by me, or any other person will be done so in strict compliance with the manufacturer's label requirements or as prescribed by a veterinarian.

\_\_\_\_\_  
Member's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parents'/Guardians' Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
4-H Club Leader

\_\_\_\_\_  
Date

## **PURPOSE OF A 4-H ANIMAL SCIENCE PROJECT**

The purpose of a 4-H HEIFER animal science project is to achieve the following:

- To acquire an understanding of the animal industry by preparing for, purchasing, caring for, and keeping records on one or more head of animals.
- To be able to identify the types and breeds of animals and employ efficient methods of production and marketing.
- To understand the business aspects and economics of purchasing animals, feed, facilities, and equipment for an animal science project.
- To develop integrity, sportsmanship, and cooperation.
- To develop leadership abilities, build character, and become responsible citizens.

## **4-H CLUB REQUIREMENTS FOR YOUR ANIMAL SCIENCE PROJECT**

- Maintain records throughout the project and complete this record book
- Remain in good standing as a 4-H club member
- Attend at least 2/3 of your club meetings and activities
- Complete two (2) workshop trainings
- Complete at least four (4) hours of community service
- Assist with any events or fundraisers for your Club
- Assist with any additional activities set by your Club Leader (such as participation in County Events)

## GOALS AND ACHIEVEMENTS FOR YOUR PROJECT

Goals should be established at the beginning of your project. Choose several goals for your project which will be challenging, yet reachable. Your 4-H Club Leader will help you select goals which are appropriate for your age, your experience, and your interests. Goals should include all aspects of your project or 4-H activity. At the end of your project, compare your goals with your achievements and ask your leader initial and date the goals you achieve.

| What I plan to do ✓ | GOAL   | Date Achieved | Leader's Initials | Comments |
|---------------------|--|---------------|-------------------|----------|
|                     | Raise my animal to completion and exhibit at the county fair.        |               |                   |          |
|                     | Exhibit my animal at fairs other than county fair.                   |               |                   |          |
|                     | Be in the top 5 of my class with my project animal.                  |               |                   |          |
|                     | Have my animal meet industry standards for an ideal breeding animal. |               |                   |          |
|                     | Take full responsibility for the fitting and showing of my animal.   |               |                   |          |
|                     | Complete my record book to the best of my ability.                   |               |                   |          |
|                     | Learn how to groom and clip my project animal.                       |               |                   |          |
|                     | Give a demonstration or illustrated talk about my project.           |               |                   |          |
|                     | Enter the 4-H County Events for a topic related to my project.       |               |                   |          |
|                     | Other:<br>List here  |               |                   |          |



## ANIMAL EXPENSES and INCOME

### COST OF PROJECT ANIMAL:

| Date of Purchase | Description/Breed | Birth Date | Sex M/F | Breeder/Seller | Starting Weight | Cost (expense) |
|------------------|-------------------|------------|---------|----------------|-----------------|----------------|
|                  |                   |            |         |                |                 |                |

### NON-FEED EXPENSES:

List all miscellaneous operating costs **other than feed** or the cost of the animal. List everything that you will not have still at the end of the project [not inventory from previous page]. Start from the purchase date of the animal. These expenses may include: supplies, bedding, veterinarian fees and medicines, transportation, show fees, rent/lease of a building and other expendable items such as shampoo, shoe polish, hair spray, etc.

| Purchase Date | Item Description | Paid To                        | Total Cost |
|---------------|------------------|--------------------------------|------------|
|               |                  |                                |            |
|               |                  |                                |            |
|               |                  |                                |            |
|               |                  |                                |            |
|               |                  |                                |            |
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|               |                  |                                |            |
|               |                  |                                |            |
|               |                  |                                |            |
|               |                  |                                |            |
|               |                  |                                |            |
|               |                  | <b>Total Non-Feed Expenses</b> |            |





|  |  |  |  |  |
|--|--|--|--|--|
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|  |  |  |  |  |

**TOTAL POUNDS OF FEED (both pages) = \_\_\_\_\_**

**TOTAL FEED COST (both pages) = \$**

**OTHER INCOME:**

List any income from your project BEFORE the market auction. Include donations, premiums, sponsorships, or other money given to you for the project.

| Date | Description/Sponsor                           | Total |
|------|---|-------|
|      |   |       |
|      |   |       |
|      |   |       |
|      |   |       |
|      |   |       |
|      | <b>If none, enter zero. This is an asset.</b> |       |

## BREEDING RECORD

Indicate if breeding was either natural or by artificial insemination below.

| Female Name/<br>Number | Female Age/<br>Weight | Sire Breed<br>and ID | Artificial<br>Insemination<br>Date | Begin<br>Pasture<br>Exposure<br>Date | End<br>Pasture<br>Exposure<br>Date | Calving<br>Due<br>Date |
|------------------------|-----------------------|----------------------|------------------------------------|--------------------------------------|------------------------------------|------------------------|
|                        |                       |                      |                                    |                                      |                                    |                        |
|                        |                       |                      |                                    |                                      |                                    |                        |
|                        |                       |                      |                                    |                                      |                                    |                        |
|                        |                       |                      |                                    |                                      |                                    |                        |
|                        |                       |                      |                                    |                                      |                                    |                        |

**Total breeding fees:**

\$ \_\_\_\_\_

## CALVING RECORD

Date calved: \_\_\_\_\_

Dam:      Name/No. \_\_\_\_\_      Age: \_\_\_\_\_      Weight: \_\_\_\_\_

Calf:      Sex: \_\_\_\_\_      Weight: \_\_\_\_\_

Did your heifer have any calving problems?    Yes     No

If yes, please describe:

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## HEALTH RECORDS

This should include a record of any health-related activities including well-animal care (deworm, vaccinate, or use of veterinarian services for any other reason). Indicate what was used, how much was used, and what it was used for. Include items such as a health certificate. If an animal is healthy throughout the project, make note of this in the area below.

| Date | Description of Activity | Product Used | Dosage | Withdrawal Time |
|------|-------------------------|--------------|--------|-----------------|
|      |                         |              |        |                 |
|      |                         |              |        |                 |
|      |                         |              |        |                 |
|      |                         |              |        |                 |
|      |                         |              |        |                 |
|      |                         |              |        |                 |
|      |                         |              |        |                 |
|      |                         |              |        |                 |
|      |                         |              |        |                 |
|      |                         |              |        |                 |

## SHOW RECORDS

| Date | Name of Fair or Show | Name of Class | Award or Placement                       | Show Premiums Won |
|------|----------------------|---------------|--|-------------------|
|      |                      |               |  |                   |
|      |                      |               |  |                   |
|      |                      |               |  |                   |
|      |                      |               |  |                   |
|      |                      |               | <b>Total Premiums Won (asset/income)</b> |                   |

# PROJECT SUMMARY

## INCOME

A. Value of project assets kept (page 5) = \$ \_\_\_\_\_

B. Value of Other Income (page 8) = \$ \_\_\_\_\_

C. Show premiums won (page 10) = \$ \_\_\_\_\_

**TOTAL INCOME (A + B + C) =**

## EXPENSES

A. Value of animal raised or purchased for the project (page 6) = \$ \_\_\_\_\_

B. Total non-feed expenses (page 6) = \$ \_\_\_\_\_

C. Total feed expenses (page 8) = \$ \_\_\_\_\_

D. Total breeding fees (page 9) = \$ \_\_\_\_\_

**TOTAL EXPENSES (A + B + C + D) =**

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**TOTAL PROFIT OR LOSS  
(TOTAL INCOME – TOTAL EXPENSES) =**

\$

## **PROJECT PHOTOS OR DIAGRAMS**

Show photos from the beginning to the end of your project. You should include photos of different skills or activities you have learned from participating in this project. Include between 4-8 pictures and please include a caption with each one. These captions should explain what you are doing and why you are doing the things in the photo. Spelling and grammar count. If you are unable to take and print photos, you may sketch or draw scenes from your project from the beginning to the end.

## **PROJECT PHOTOS OR DIAGRAMS (continued)**

## PROJECT STORY OUTLINE

You will make an outline for your project story first. It should include what you have learned about your animal, what safety practices you used, and what you could do to improve your project.

- I. Introduction
  - A. What animal did you raise, breed, color, markings, etc.
  - B. Where did you keep your animal, type of pen/housing, living area, etc.
  - C. Why did you choose to do this project for 4-H?
  
- II. What did you learn?
  - A.
  - B.
  - C.
  
- III. What safety practices did you use?
  - A.
  - B.
  - C.
  
- IV. What improvements could you have made?
  - A.
  - B.
  - C.
  
- V. What goals did you achieve that you had set out from the beginning?
  - A.
  - B.
  - C.
  
- VI. Summary – Leave the reader with an overall idea or ending thought about your project. This is the conclusion to your story.







# Martin County 4-H Record Book Score Sheet



Name: \_\_\_\_\_ Project: \_\_\_\_\_

Check one:     Junior (8-10)     Intermediate (11-13)     Senior (14-18)

| SECTION  | Points Possible | Points Scored |
|--|-----------------|---------------|
| 1. Forms signed (pages 1 and 2)                    | <b>5</b>        |               |
| 2. Goals and Achievements (page 4)                 | <b>8</b>        |               |
| 3. Project inventory (page 5)                      | <b>5</b>        |               |
| 4. Non-feed expenses (page 6)                      | <b>5</b>        |               |
| 5. Feed expenses (pages 7 & 8)                     | <b>5</b>        |               |
| 6. Other income before sale (page 8)               | <b>3</b>        |               |
| 7. Breeding/calving record (page 9)                | <b>5</b>        |               |
| 8. Health record (page 10)                         | <b>8</b>        |               |
| 9. Show record (page 10)                           | <b>2</b>        |               |
| 10. Project summary (page 11)                      | <b>15</b>       |               |
| 11. Pictures (pages 12 & 13)                       | <b>10</b>       |               |
| 12. Market project outline & story (pages 14 - 16) | <b>25</b>       |               |
| 13. Neatness & completion                          | <b>4</b>        |               |
| <b>TOTAL POINTS</b>                                | <b>100</b>      |               |

Comments:

Record Book Awards  
 Blue: 90-100  
 Red: 80-89  
 White: 70-79  
 Best Record Book will be awarded  
 to one youth per eligible 4-H age  
 group per year.

## SKILLS LEARNED – PARENTS, PLEASE ASSIST!

Put a check mark by each of the following life skills that you have learned or improved on during this project.

### 4-H LIFE SKILLS

|  | <b>HEAD</b>             |  | <b>HANDS</b>                     |
|--|-------------------------|--|----------------------------------|
|  | Learning to Learn       |  | Community Service & Volunteering |
|  | Decision Making         |  | Leadership                       |
|  | Problem Solving         |  | Responsible Citizenship          |
|  | Critical Thinking       |  | Contributions to Group Effort    |
|  | Service Learning        |  | Marketable Skills                |
|  | Goal Setting            |  | Teamwork                         |
|  | Planning/Organizing     |  | Self-Motivation                  |
|  | Wise Use of Resources   |  |                                  |
|  | Keeping Records         |  |                                  |
|  | Resiliency              |  |                                  |
|  | <b>HEART</b>            |  | <b>HEALTH</b>                    |
|  | Communication           |  | Self-Esteem                      |
|  | Cooperation             |  | Self-Responsibility              |
|  | Social Skills           |  | Character                        |
|  | Conflict Resolution     |  | Managing Feelings                |
|  | Accepting Differences   |  | Self-Discipline                  |
|  | Concern for Others      |  | Healthy Lifestyle Choices        |
|  | Empathy                 |  | Stress Management                |
|  | Sharing                 |  | Disease Prevention               |
|  | Nurturing Relationships |  | Personal Safety                  |



*I pledge:*



*...for my Club, my Community, my Country and my World.*

I pledge my **HEAD** to clearer thinking,  
My **HEART** to greater loyalty,  
My **HANDS** to larger service,  
And my **HEALTH** to better living,  
For my club, my community, my country and my world.



For more information about the Martin County 4-H Youth Development Program, please visit our website at:

<https://sfyl.ifas.ufl.edu/martin/4-h-youth-development---martin/>

or on Facebook [@Martin.ifas.ufl.edu](https://www.facebook.com/Martin.ifas.ufl.edu)

or Instagram [@MartinCounty4H](https://www.instagram.com/MartinCounty4H)

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