



Martin County 4-H Program

Cloverbud Record Book

Name: _____ Date: _____

County: _____ Age: _____ Years in 4-H: _____

4-H Club: _____ Leader: _____

PROJECT: _____

Parents/Guardian Name: _____

Parent's Email: _____

I personally prepared this record book and it is a true report of my 4-H project.

4-H Member Signature: _____ Date: _____

Approval of this Record Book:

Parent/Guardian: _____ Date: _____

4-H Leader: _____ Date: _____

Instructions

- ☐ Complete a Record Book for each project and submit with all of the attachments listed.
- ☐ Complete Section 1 as you start your new project.
- ☐ Each section should be completed as you work with your project.
- ☐ Place this Record Book and additional papers in a folder or binder.

Section 1: Project Plans and Goals

This is what I want to learn this year: _____

Member Signature: _____ Date: _____

This is what my leader agreed to help me do: _____

Leader Signature: _____ Date: _____

This is what my parent(s)/guardian(s) agreed to help me do: _____

Parent/Guardian Signature: _____ Date: _____

Section 2: Project Highlights

Date:

Major activities I did in my project this year:

How much time you spent:

[illegible]

Section 3: What I Learned

My favorite Club activities: _____

Did you to any of the following? Check all that apply.

- | | |
|--|---|
| <input type="checkbox"/> American Pledge | <input type="checkbox"/> Exhibit at the Fair |
| <input type="checkbox"/> 4-H Club Community Service | <input type="checkbox"/> Attend Fair Workdays |
| <input type="checkbox"/> 4-H Demonstration – Show & Tell | <input type="checkbox"/> Learn a New Skill |
| <input type="checkbox"/> 4-H Event Attendance | |

What I learned while working on my project: _____

What I did that I was proud of in my project: _____

What problems I had and what I did about them: _____

What my adult leader/parent helped me do with my project this year: _____

What I will do different next year in this project: _____

My goals for next year: _____

My Community Service activities: _____

Awards and Recognition I have received: _____

Project Research, Resources or Work Sheets

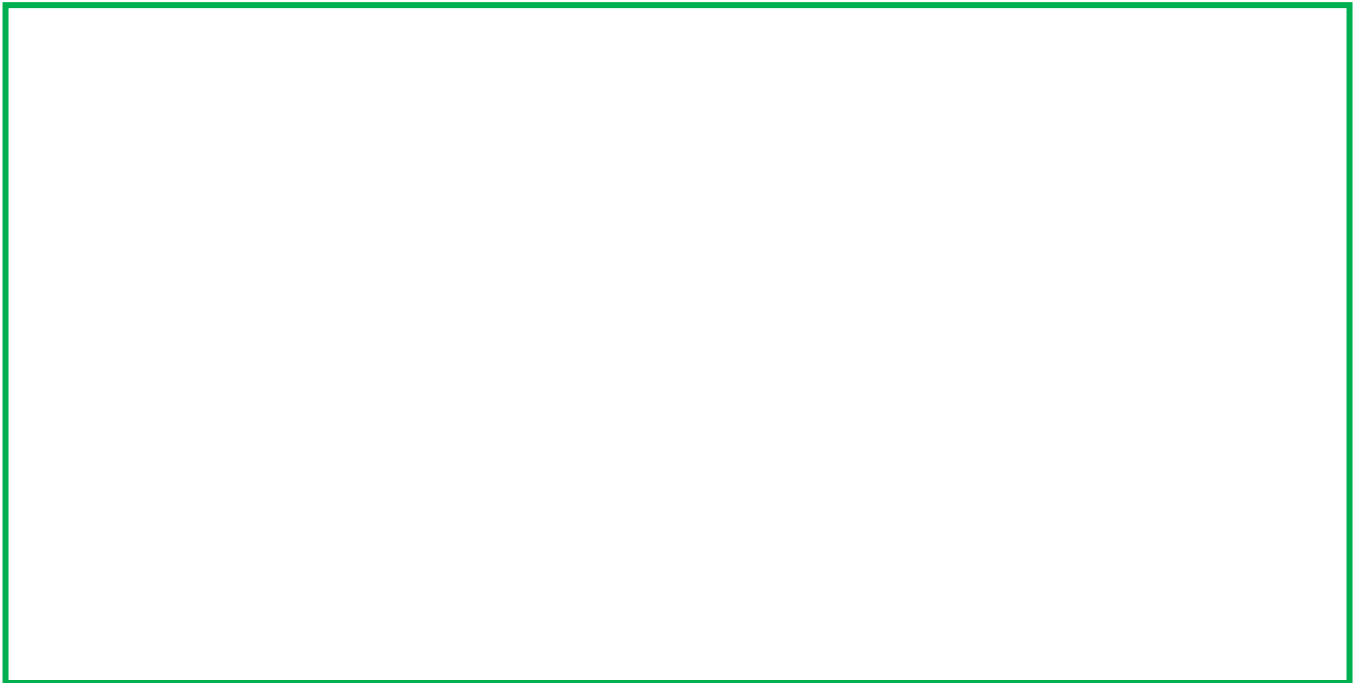
Include the research materials, educational resources and/or worksheets that you have completed as evidence of your project accomplishments. Include copies of any awards, certificates or recognitions you have received this 4-H year. Place this book and all supporting paperwork in a folder or binder.

Section 3: Project Pictures

Attach a minimum of two (2) photos (or you may provide drawings) of your project work throughout the year showing you and your project at the beginning and when completed. *Print additional pages as needed.*



Caption: _____



Caption: _____

Project Story

Write a story about your project experiences. Looking back over your past year in 4-H, think about the things you've learned and how these things may help you later in life.

Use the space below to neatly write or type your project story.

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

4-H Life Skills:

Put a check mark ✓ by the life skills you learned or improved. Parents: Write a brief comment.

HEAD ... to Clearer Thinking

Thinking

- ☐ Learning to Learn _____
- ☐ Decision Making _____
- ☐ Problem Solving _____
- ☐ Critical Thinking _____
- ☐ Service Learning _____

Managing

- ☐ Goal Setting _____
- ☐ Planning/Organizing _____
- ☐ Wise Use of Resources _____
- ☐ Keeping Records _____
- ☐ Resiliency _____

HEART ... to Greater Loyalty

Relating

- ☐ Communications _____
- ☐ Cooperation _____
- ☐ Social Skills _____
- ☐ Conflict Resolution _____
- ☐ Accepting Differences _____

Caring

- ☐ Concern for Others _____
- ☐ Empathy _____
- ☐ Sharing _____
- ☐ Nurturing Relationships _____

HANDS ... to Larger Service

Giving

- ☐ Community Service/Volunteering _____
- ☐ Leadership _____
- ☐ Responsible Citizenship _____
- ☐ Contribution to Group Effort _____

Working

- ☐ Marketable/Useful Skills _____
- ☐ Teamwork _____
- ☐ Self-Motivation _____

HEALTH ... to Better Living

Living

- ☐ Healthy Lifestyle Choices _____
- ☐ Stress Management _____
- ☐ Disease Prevention _____
- ☐ Personal Safety _____

Being

- ☐ Self Esteem _____
- ☐ Self-Responsibility _____
- ☐ Character _____
- ☐ Managing Feelings _____
- ☐ Self-Discipline _____



4-H Pledge

**"I pledge My Head to clearer thinking,
My Heart to greater loyalty,
My Hands to larger service, and
My Health to better living,
for my club, my community, my
country, and my world."**



For more information on
Volunteer Opportunities and the

Martin County 4-H Youth Development

Visit our website:

[4-H Youth Development - Martin - UF/IFAS Extension \(ufl.edu\)](https://www.ufl.edu/extension/youth-development/martin/)

The 4-H Creed

I believe in 4-H Club work for the opportunity it will give me to become a useful citizen.

I believe in the training of my **HEAD** for the power it will give me to think, plan and to reason.

I believe in the training of my **HEART** for the nobleness it will give me to be kind, sympathetic and true.

I believe in the training of my **HANDS** for the ability it will give me to be helpful, skillful and useful.

I believe in the training of my **HEALTH** for the strength it will give me to enjoy life, resist disease and to work efficiently.

I believe in my country, my state and my community and in my responsibility for their development.

In all these things I believe, and am willing to dedicate my efforts to their fulfillment.

UF/IFAS Extension Service Martin | 2614 SE Dixie Hwy. | Stuart, FL 34996 | 772-288-5654 | FB @Martin.ifas.ufl.edu



The Mission of UF/IFAS is to develop knowledge in agricultural, human, and natural resources, and to make that knowledge accessible to sustain and enhance the quality of human life.

UF/IFAS operates under the leadership of Vice President Dr. J. Scott Angle and Associate Vice President Dr. Jeanna Mastrodicasa.

The University of Florida's Institute of Food and Agricultural Sciences (UF/IFAS) is a federal-state-county partnership dedicated to developing knowledge in agriculture, human and natural resources, and the life sciences.

UF/IFAS fulfills the university's land grant mission - working to enhance and sustain the quality of human life through its research facilities, Extension services offered in every Florida county, and top-ranked education at the UF College of Agricultural and Life Sciences.

These endeavors combined contributed \$149.6 billion to the state economy in 2018. From that figure, UF/IFAS specifically contributed \$458 million.

In addition, research, teaching, and Extension efforts help sustain and support 8,862 jobs across the Sunshine State. Specifically, UF/IFAS employs more than 2,000 faculty and staff statewide, including 375 Extension agents. These professionals work from UF/IFAS offices in each

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